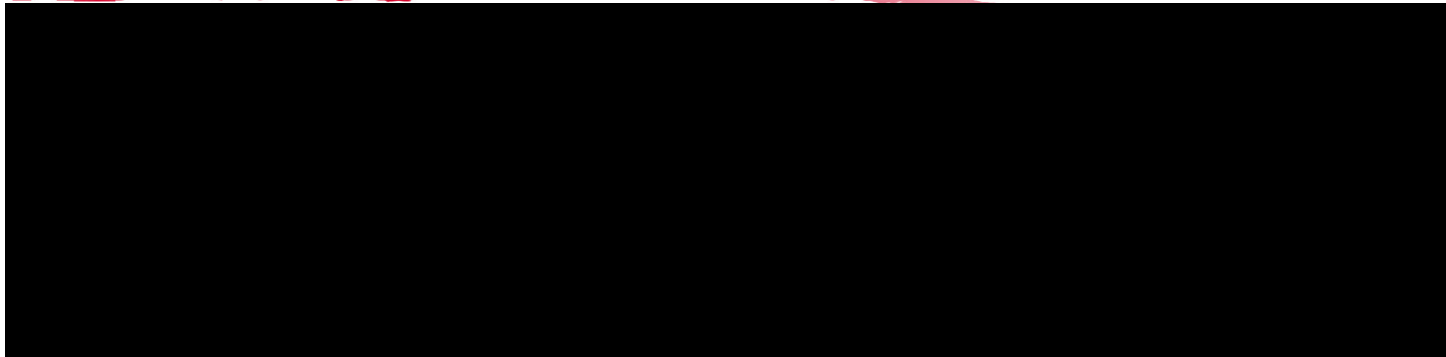


Wireless Biomedical Sensors

Lucent Technologies
Bell Labs Innovations



Olga Boric-Lubecke and Victor M. Lubecke - Bell Labs, Lucent Technologies, Murray Hill, NJ

Outline

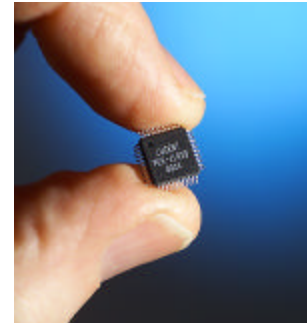


✍ Remote Monitoring using Doppler Radar

✍ Modified Wireless Terminals

✍ Doppler Radar IC's

✍ Summary and Future Directions



Remote Health Monitoring



✎ An estimated 100 million Americans suffer from chronic medical conditions such as heart disease, diabetes, and lung disorders



PC and Internet Linked
Blood Glucose Monitors
(Roche - Camit)

✎ Chronic illnesses account for about 75% of total US healthcare costs (\$650B/yr)



Implantable Cardiac
Loop Recorders
(Medtronic - Reveal)

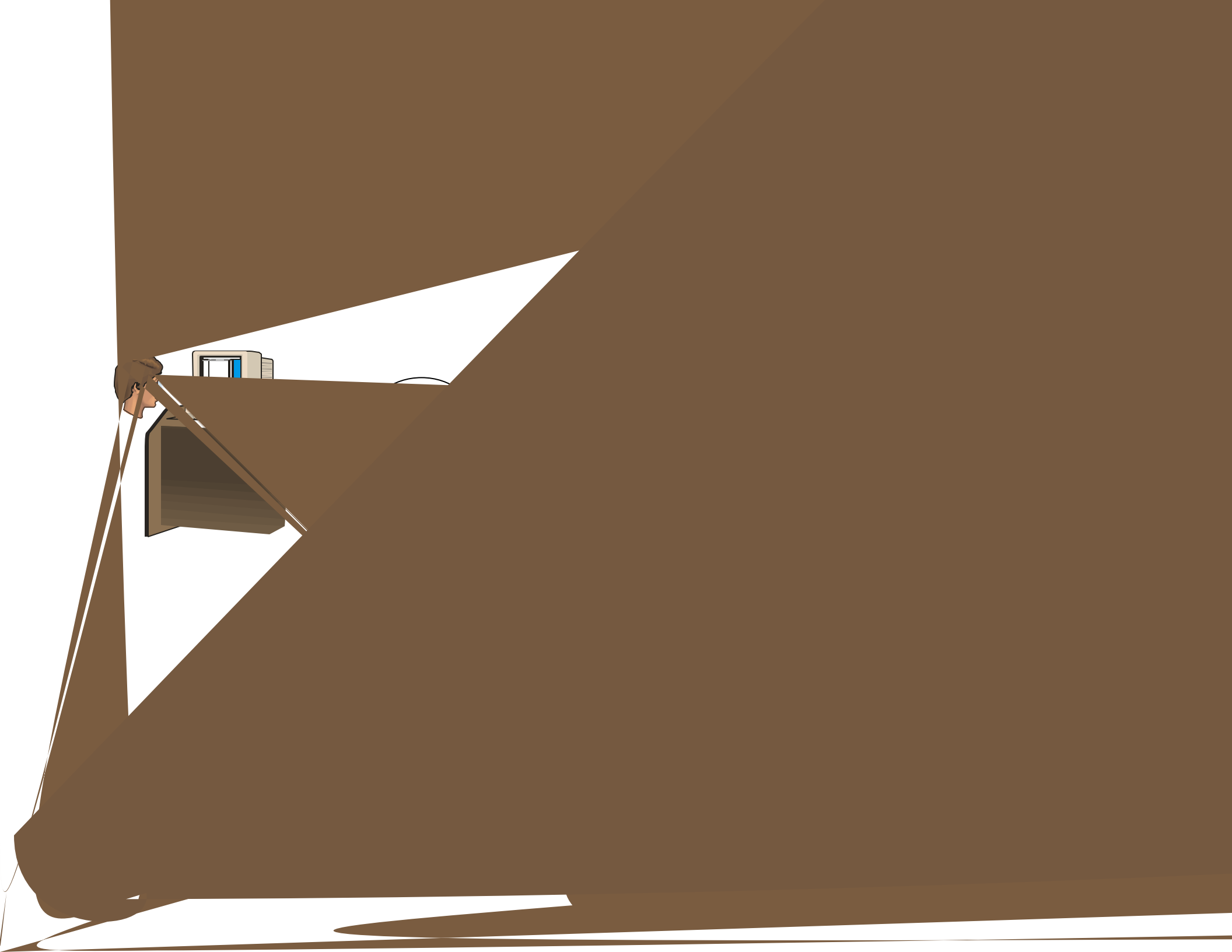
✎ There is a growing market for appliances which allow patients to remotely monitor health parameters and transfer data to a physician



Internet Linked
Healthcare Q&A
(Health Hero Network
- Health Buddy)



Phone/Pager Linked Vital Signs Monitoring Station
(HomMed - Sentry/Observer)



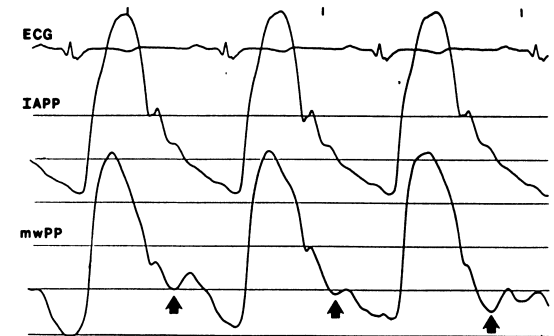
Human Radio Doppler Applications

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Medical Diagnostics

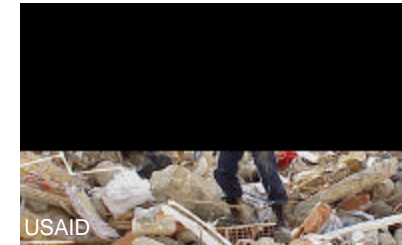
- Respiratory, cardiac, and arterial wall movements, proposed in 1970's ; *University of Illinois, Chicago*



Arterial Pressure Pulse Sensing
J. Lee and J. Lin, 1985

Post-Earthquake Rescue Operations

- Proposed life-detection systems, operating at distances up to 30m, or through thick (>1m) barrier walls ; *Michigan State University*



Motion Detection

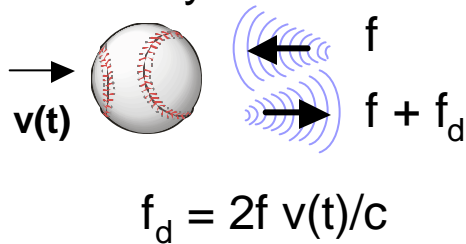
- Automatic door openers, security sensors ; e.g.. *Microwave Solutions, Ltd.*



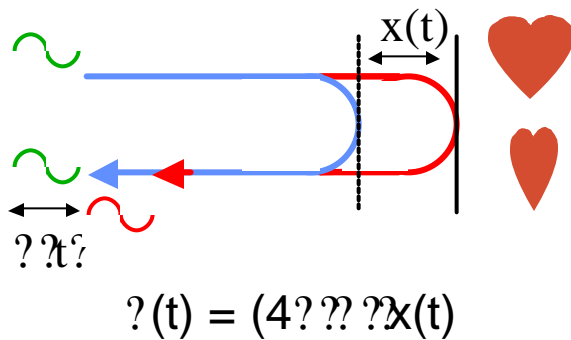
Motion Sensor Principle



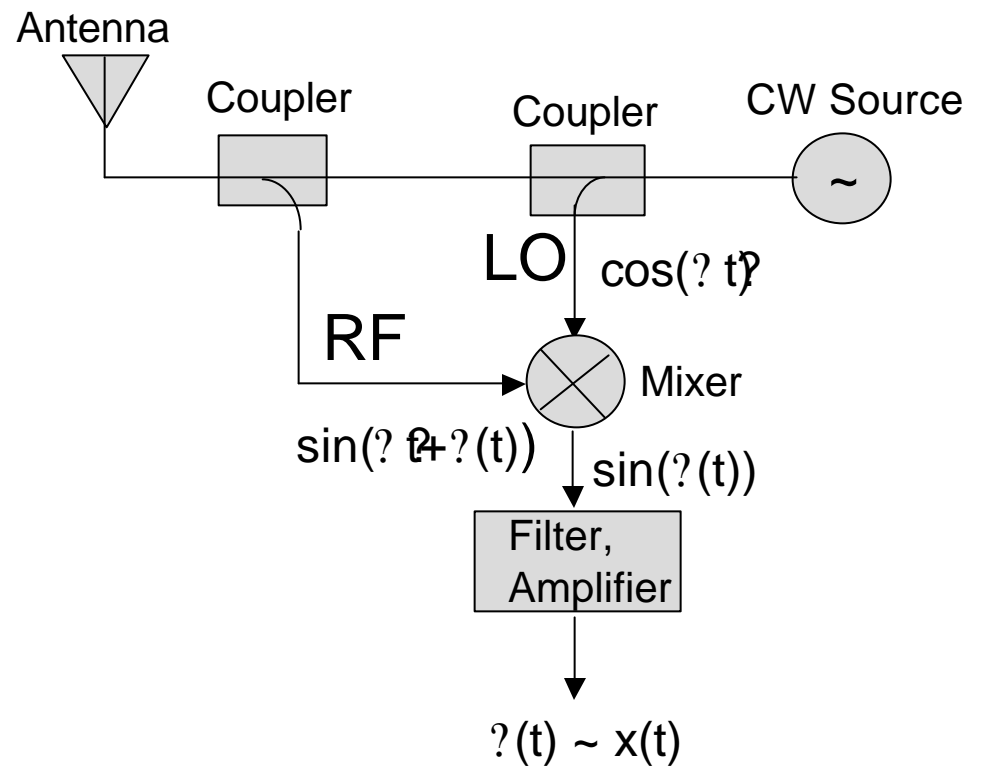
- Constant velocity : shift in f
 - frequency proportional to velocity



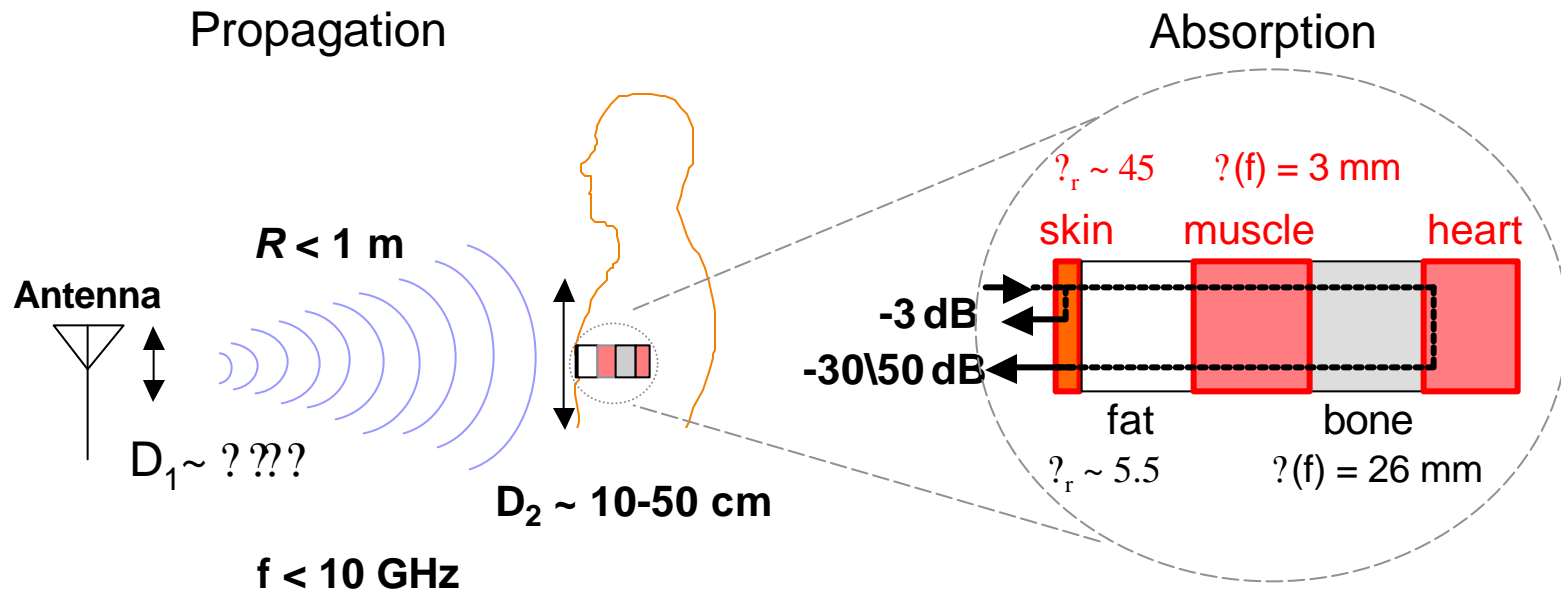
- Periodic motion : FM, AM, & PM
 - phase proportional to displacement



Doppler Detection with Baseband Radio



Power Budget



- Radiating near field (vs Far Field: $R > R_{ff} = 2D^2/\lambda$) : radar equation not valid
- 50% of incident power reflected at body surface
- Less than 1% of power from internal reflections

Communications Radios



Wireless Phones, PDA's, 2-Way Pagers



- 800/900 MHz, 1.8/1.9 GHz
- < 1 W
- Omni-Directional
- Wireless Network

Wireless LAN



- 2.4, 5 GHz
- < 100 mW
- Omni- / Semi-Directional
- Phone Line/ Internet

Cordless Telephones



- 49, 900 MHz, 2.4 GHz
- < 500 mW
- Omni-Directional
- Phone Line

Security Sensors

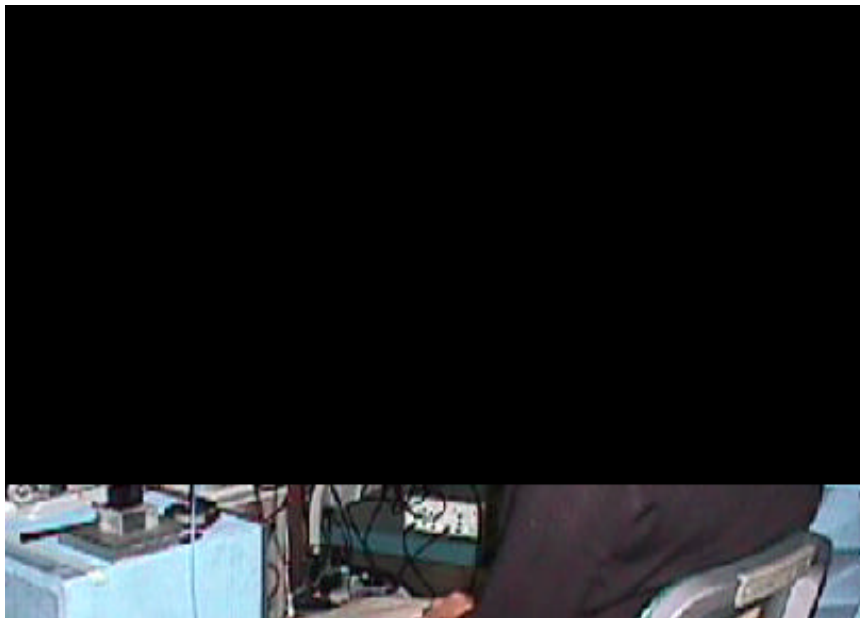


- 2.4, 10 GHz
- < 20 mW
- Semi-Directional
- Phone Line

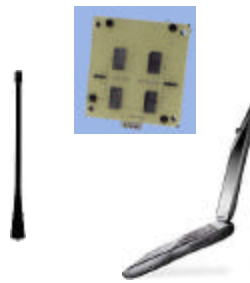
Doppler Sensing with Comm. Signals



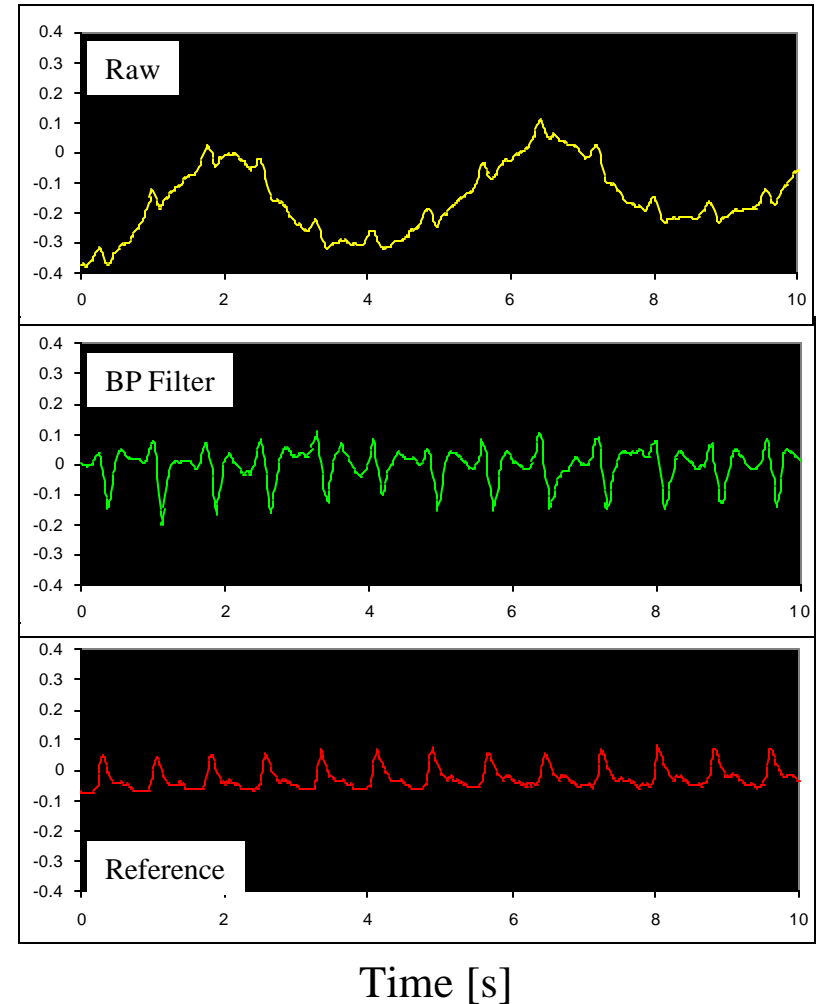
Lab tests simulating various terminals



- 800, 1900, 2,400, and 10,000 MHz
- Omni and directional antennas
- From contact to 2 meters



$$f = 2.4 \text{ GHz}, P = 0 \text{ dBm}, 1 \text{ m}$$



Communications Technology Leveraging

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Orinoco



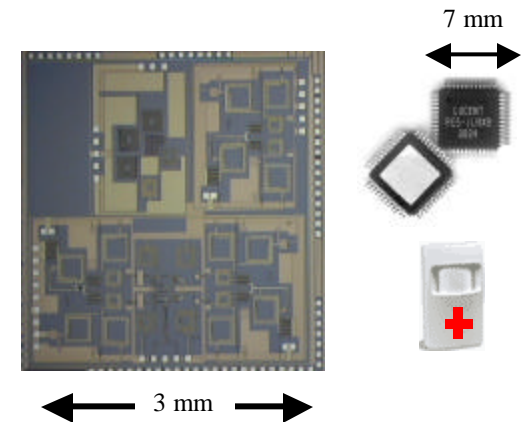
- Two LO-linked Orinoco cards
- Respiration & heart rates observed

Cordless Phone



- Low-cost "headset" module
- Respiration & heart rates observed

Integrated Radio Chip

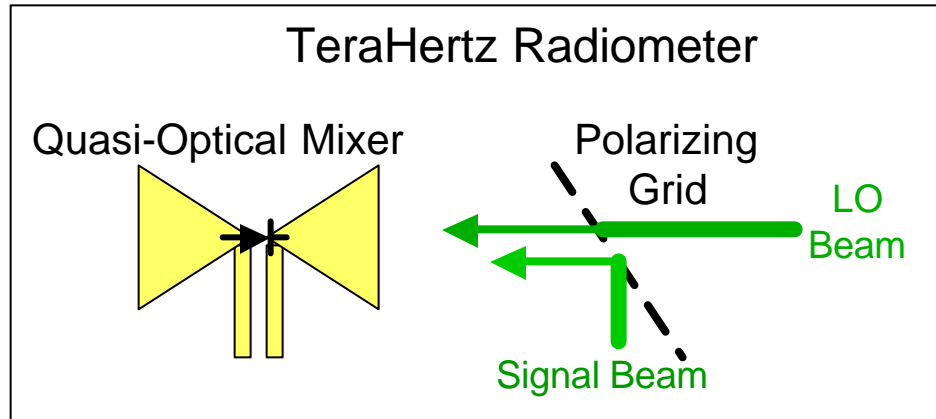


- 1.6 GHz GSM BTS circuits (Agere 0.25 μ m BiCMOS)
- Respiration & heart rates observed

Separate Doppler Receiver

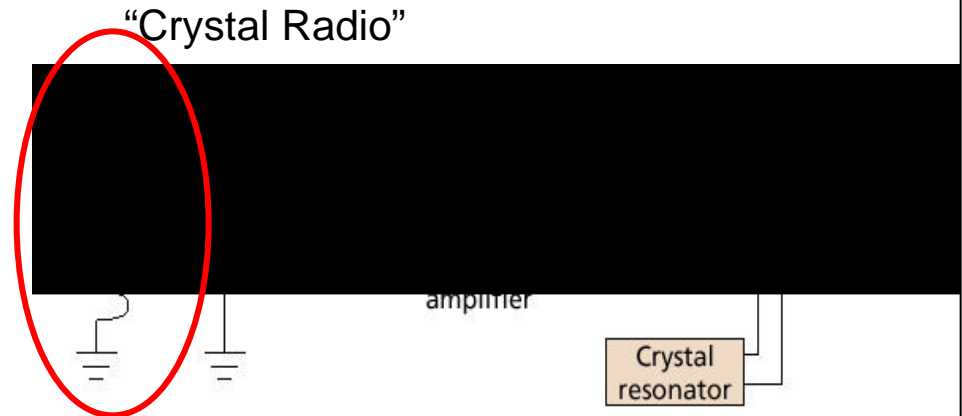


RF and LO
through same
antenna



Low-cost radio
approach

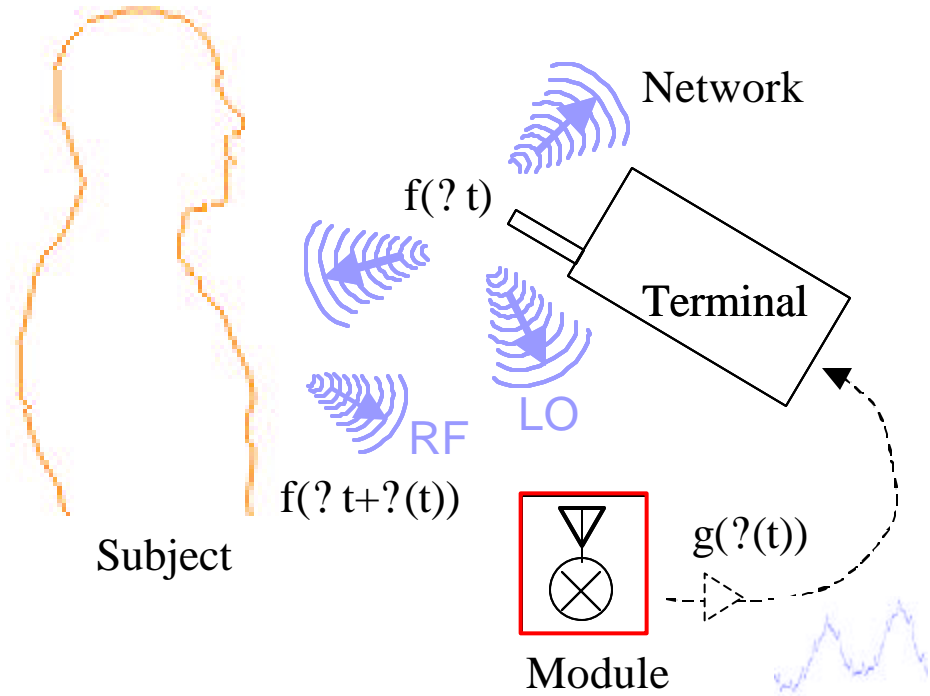
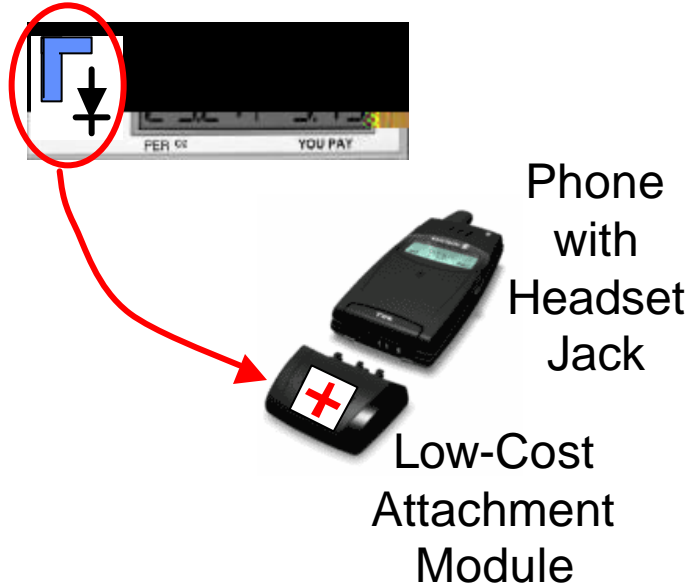
RF Backscatter-Type “Electronic Price Label”



Tag Communications Costs under \$1

Low-Cost Add-On Sensor Concept

“Electronic Price Label” Front-End
(Inverted-F Antenna, Schottky Diode)

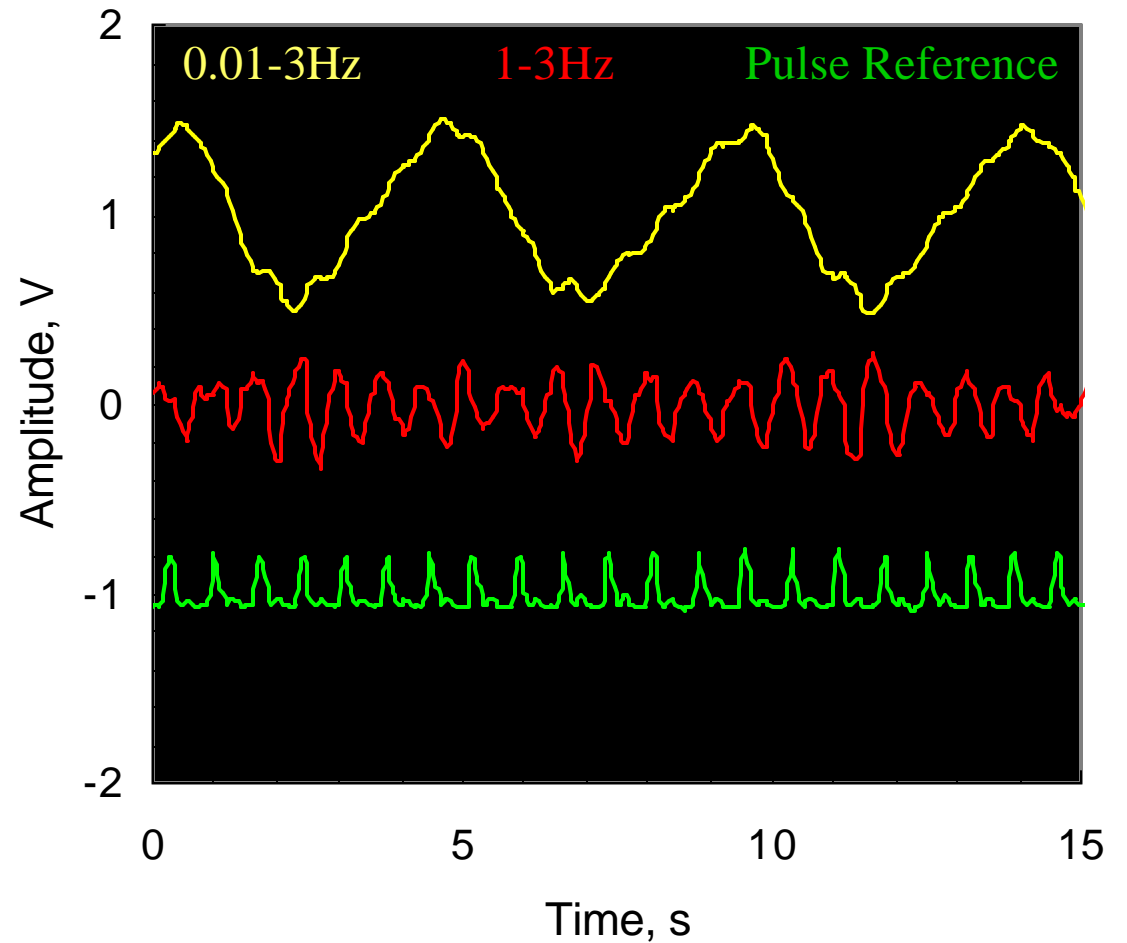
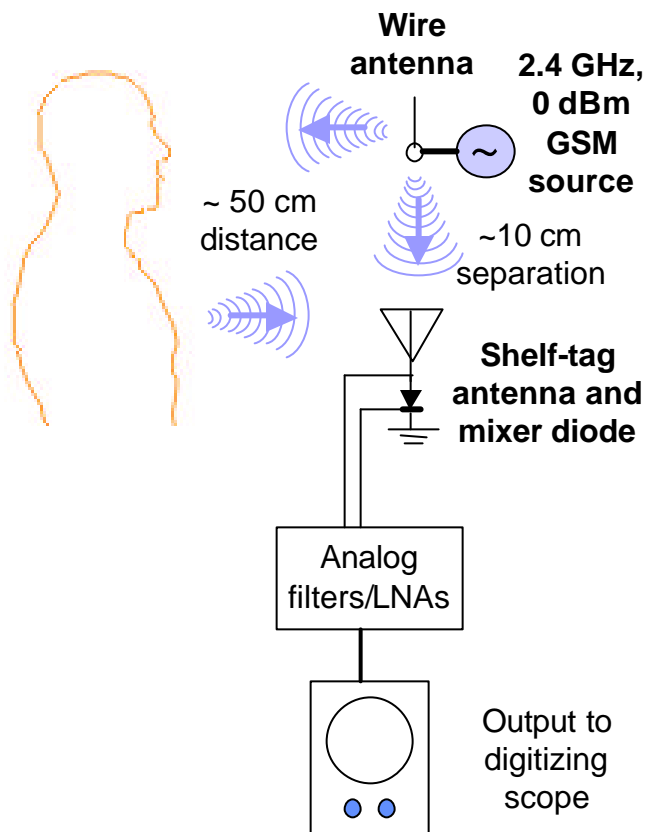


Low-Cost Ad-On Sensor Demo

$f = 2.4 \text{ GHz}$, $d = 1/2 \text{ m}$



Sensor output with signal generator source



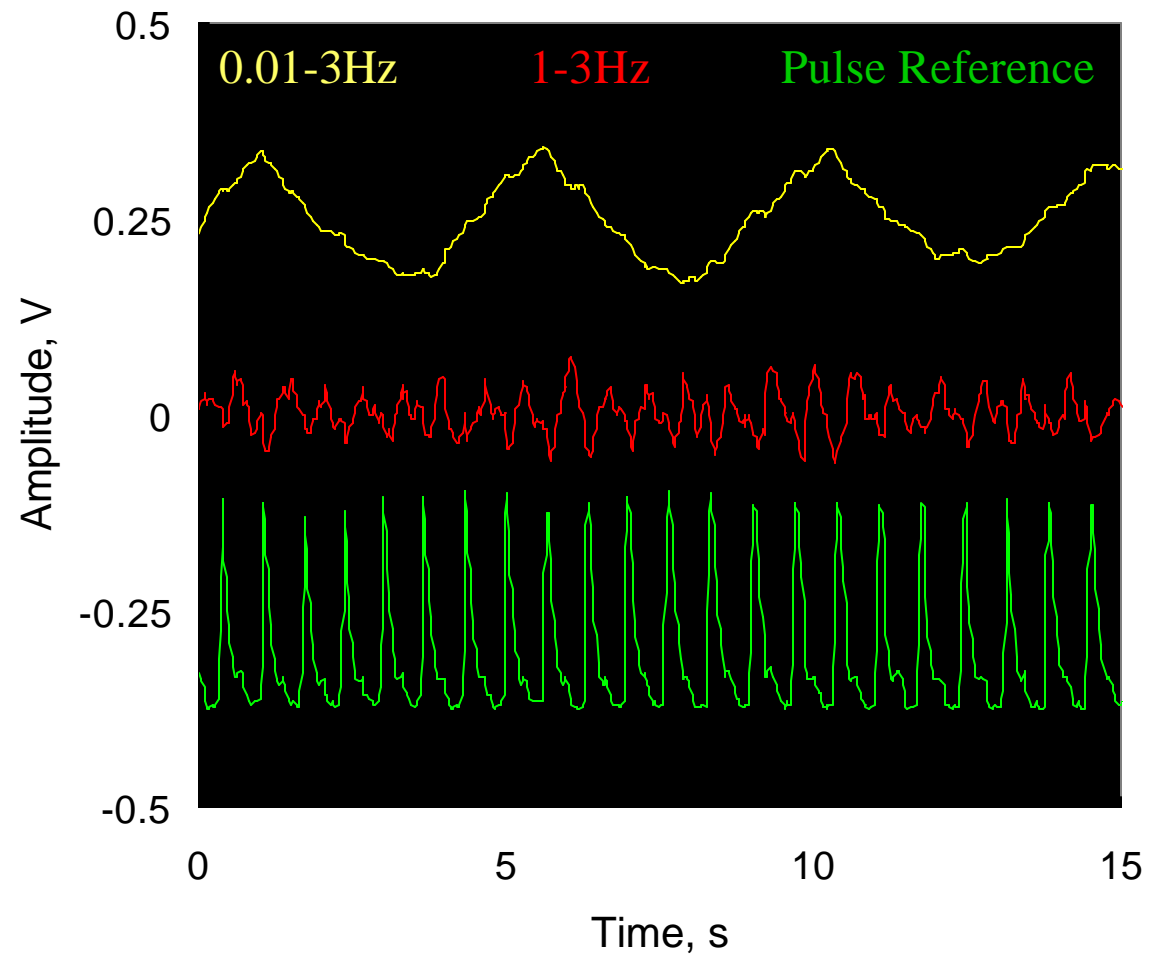
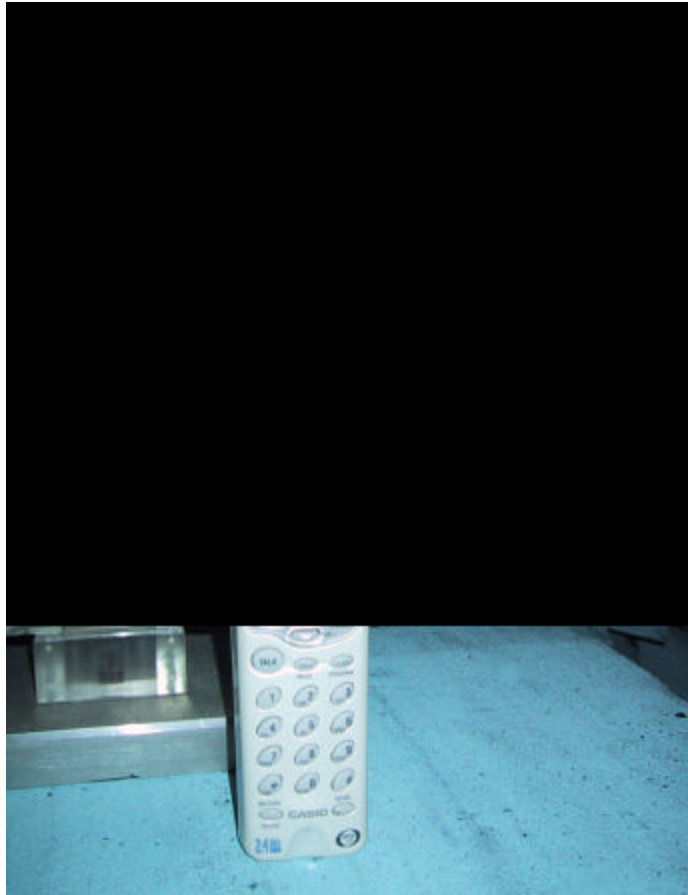
Low-Cost Ad-On Sensor

$f = 2.4 \text{ GHz}$, $d = 1/2 \text{ m}$

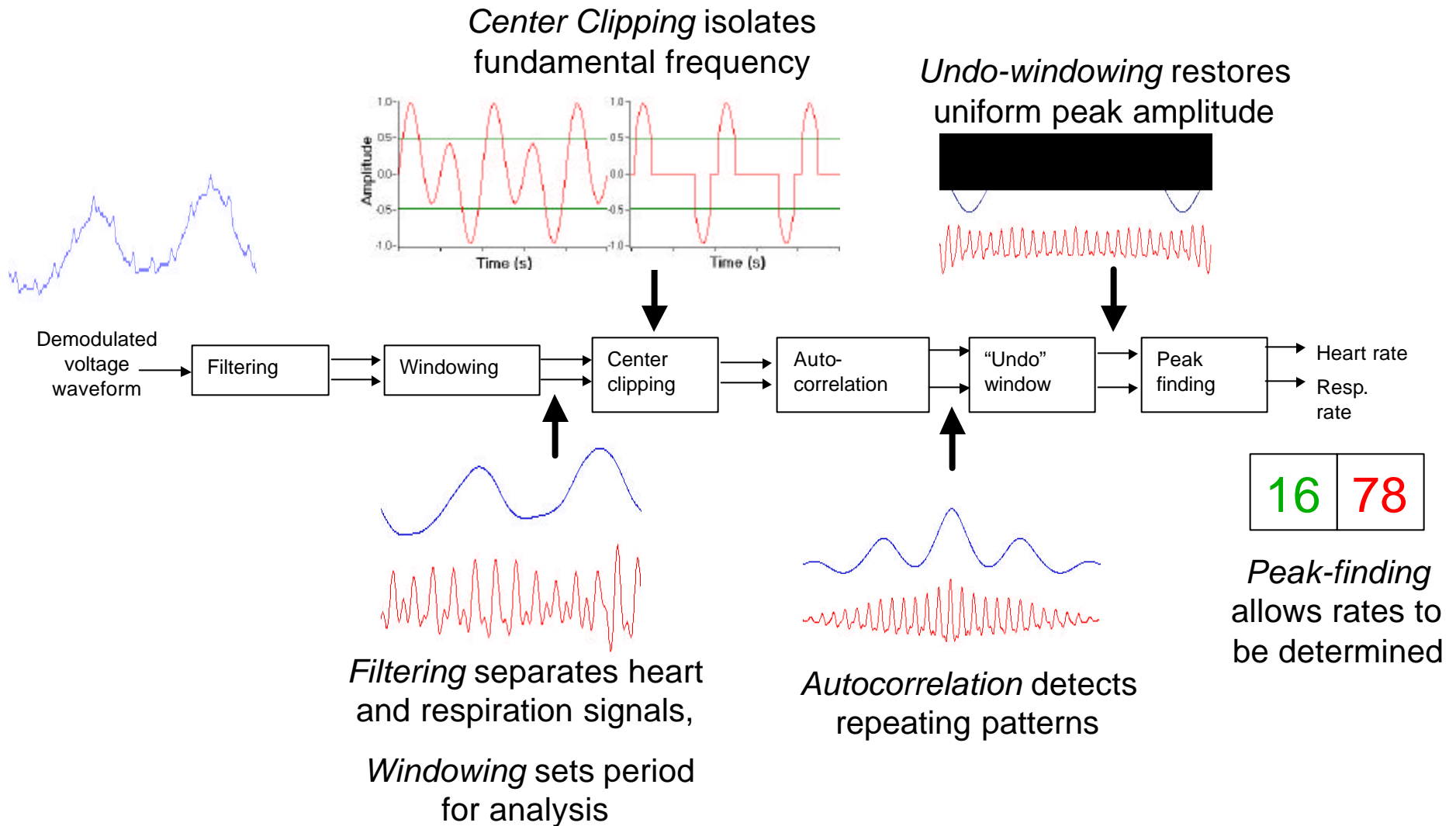
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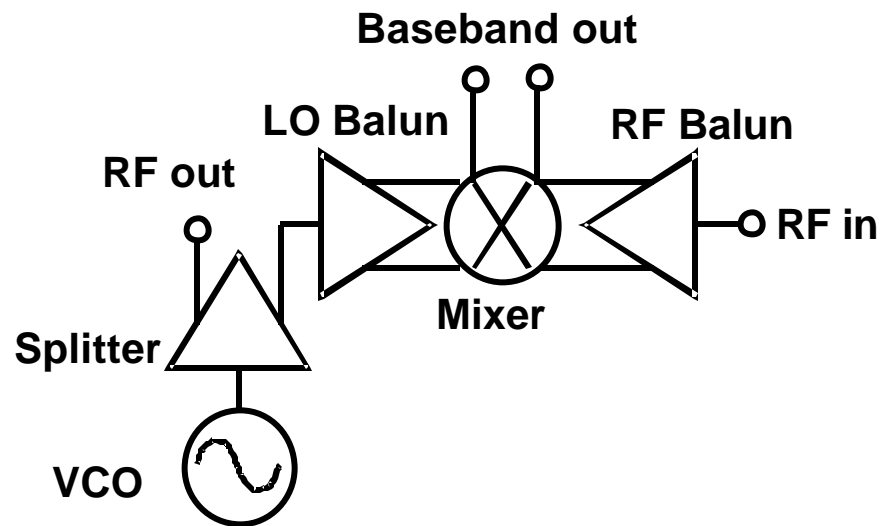
Sensor output with unmodified cordless phone



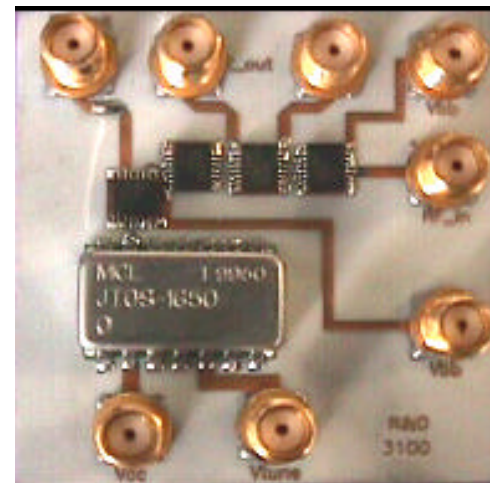
Digital Signal Processing



BiCMOS/CMOS Doppler Radar



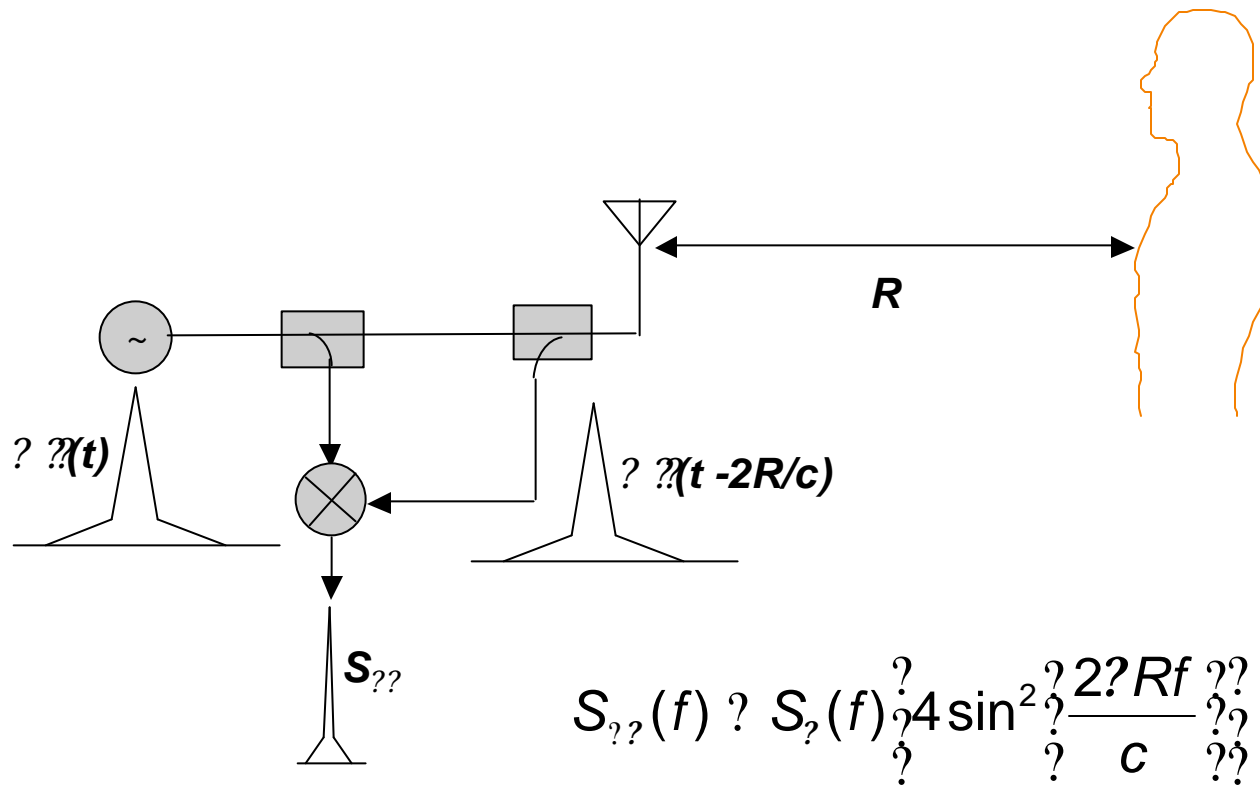
Hybrid radio with BTS components



50 x 50 mm²

- RFIC's developed for GSM BTS applications
- 1.6 GHz, 6.5 mW output power
- Mixer: < 6.5 dB conversion loss
- Balun: 40 mW, -125 dBc/Hz residual phase noise at 10 Hz
- On-chip VCO: 40 mW, -80 dBc/Hz phase noise at 10 kHz

Range Correlation

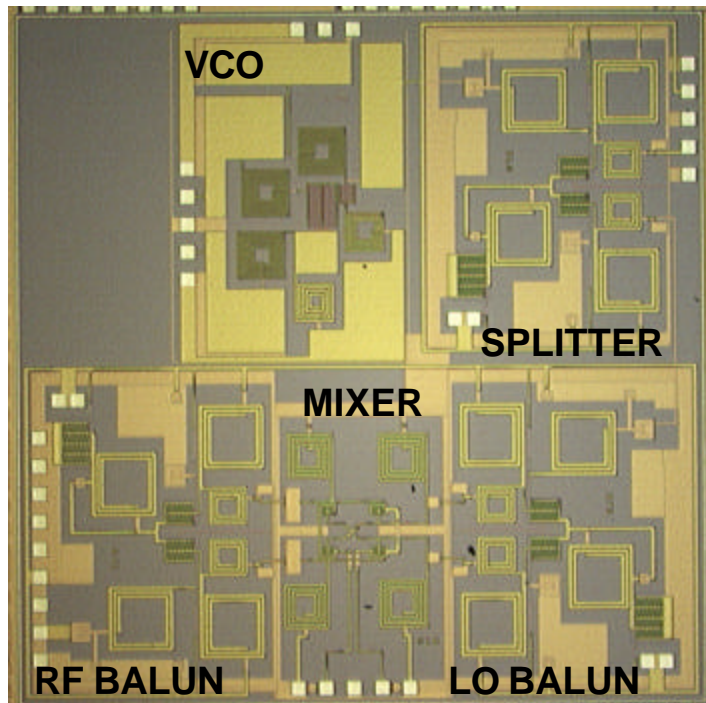


- For $R = 0.5$ m, $f = 10$ Hz, phase noise decreases by 134 dB!
- Budge and Burt, 1993 IEEE Radar Conference

Radar Chip Photographs

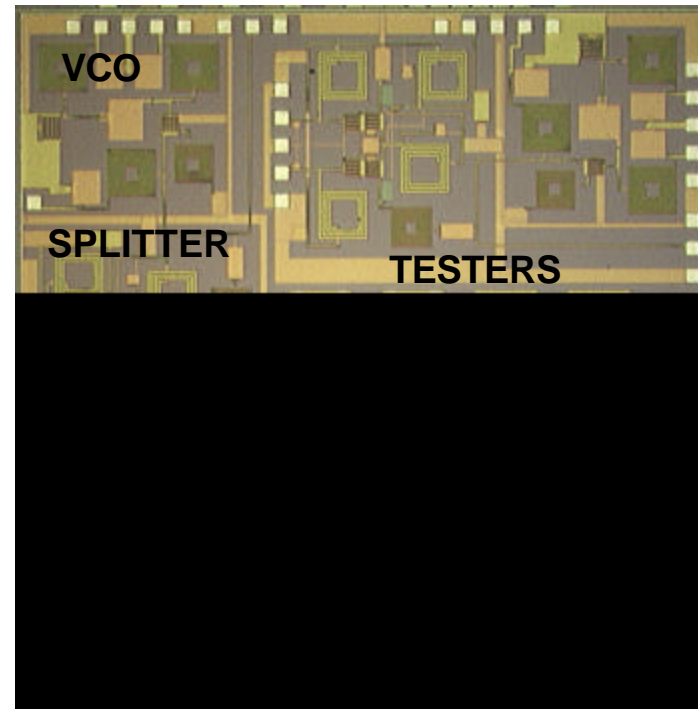


BiCMOS



4 x 4 mm²

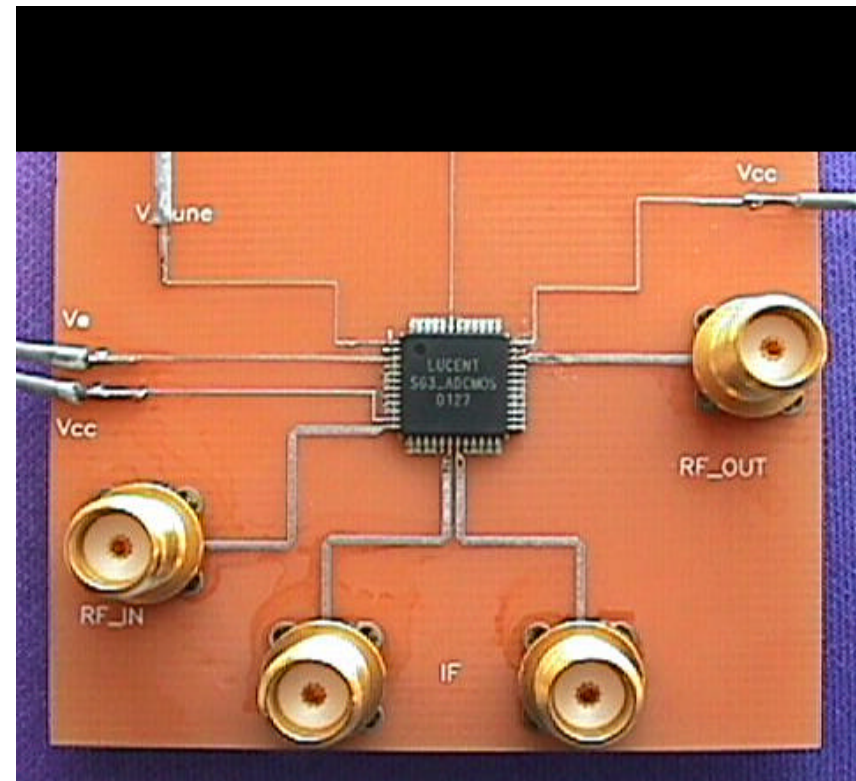
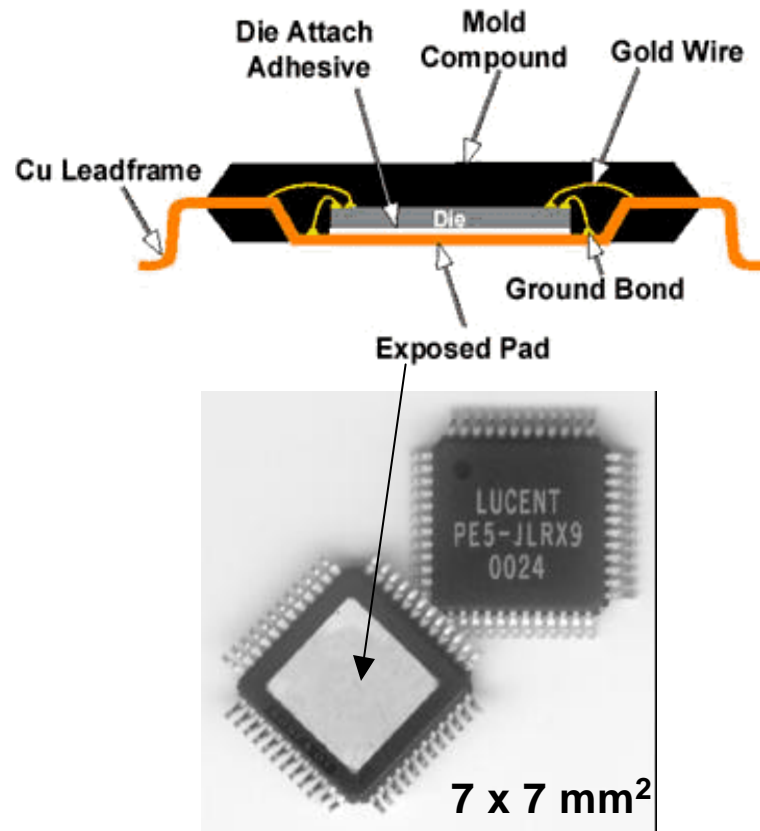
CMOS



4 x 4 mm²

- External source option

Package and Test Board



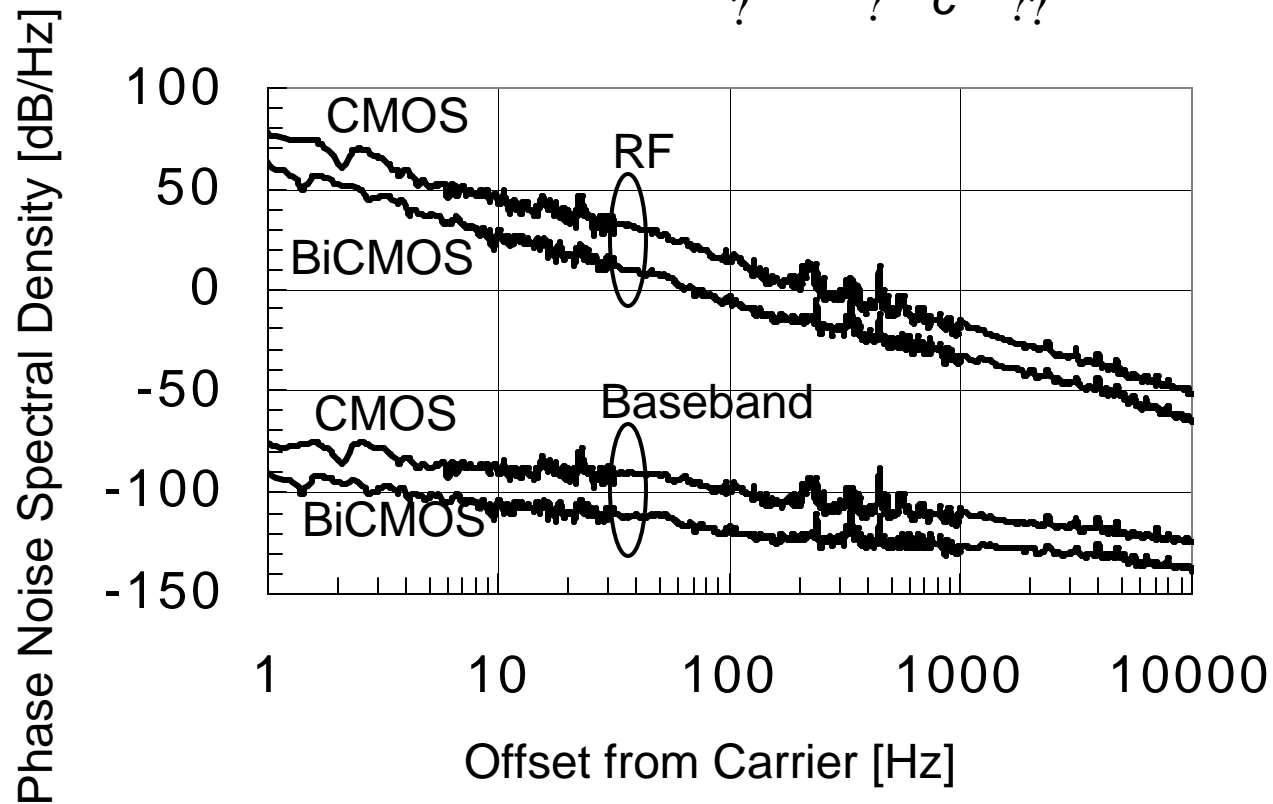
$50 \times 50 \text{ mm}^2$

- Exposed pad TQFP-48 package: $L_g < 0.5 \text{ nH}$
- Test board built on Rogers RO-4003 ($\epsilon_r = 3.38$, $h = 0.5 \text{ mm}$)

Phase Noise Reduction

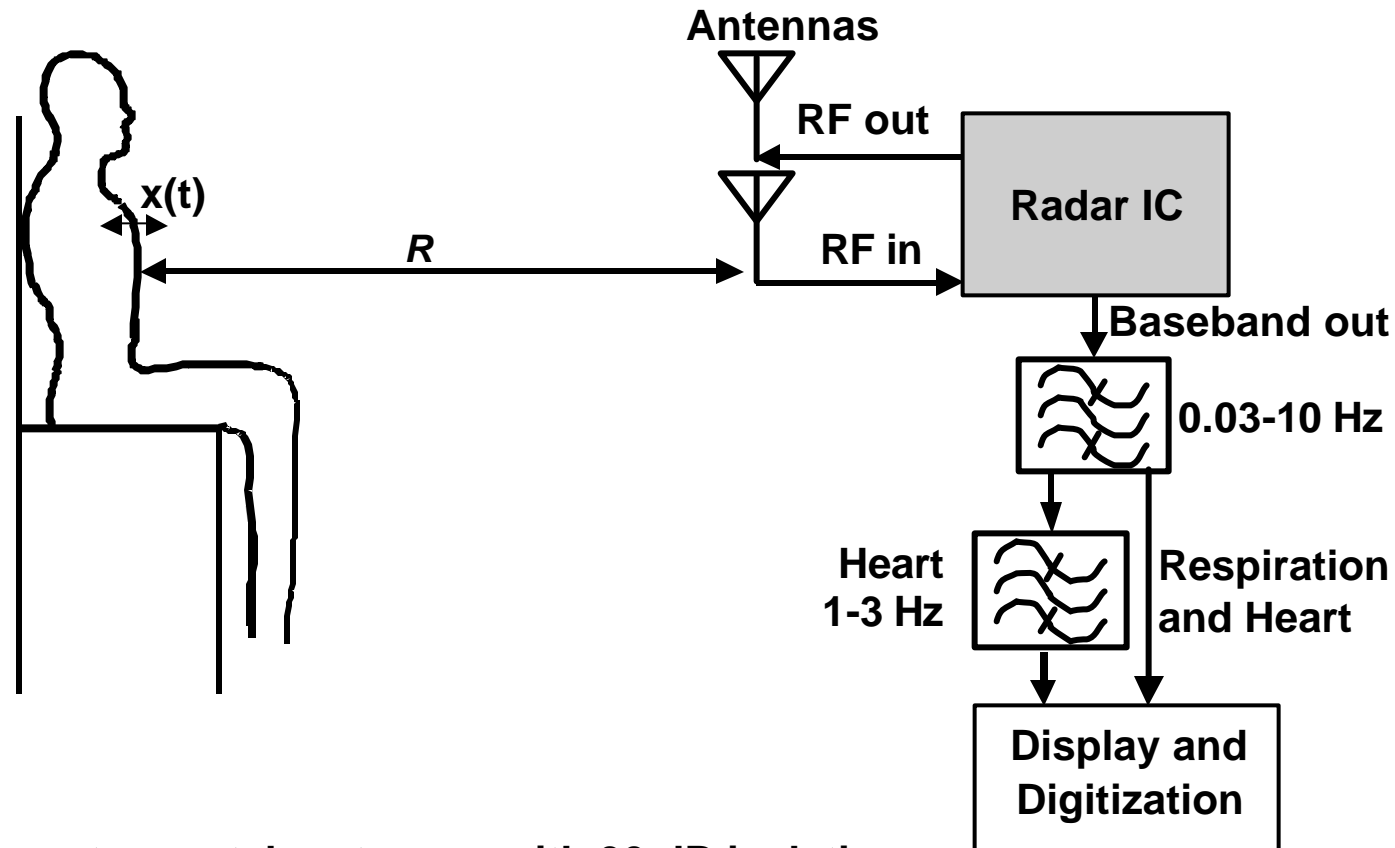


$$S_{\phi}(f) \approx S_{\omega}(f) \frac{1}{4} \sin^2 \left(\frac{2\pi Rf}{c} \right)$$



- $1/f^3 \longrightarrow 1/f$
- CMOS Phase Noise about 10 dB higher than for BiCMOS

Experimental Setup



- Two custom patch antennas with 30 dB isolation
- Signal conditioning with analog filters
- DSP determines rates using autocorellation
- Accuracy - measured rate within 2% of reference rate (pressure pulse)

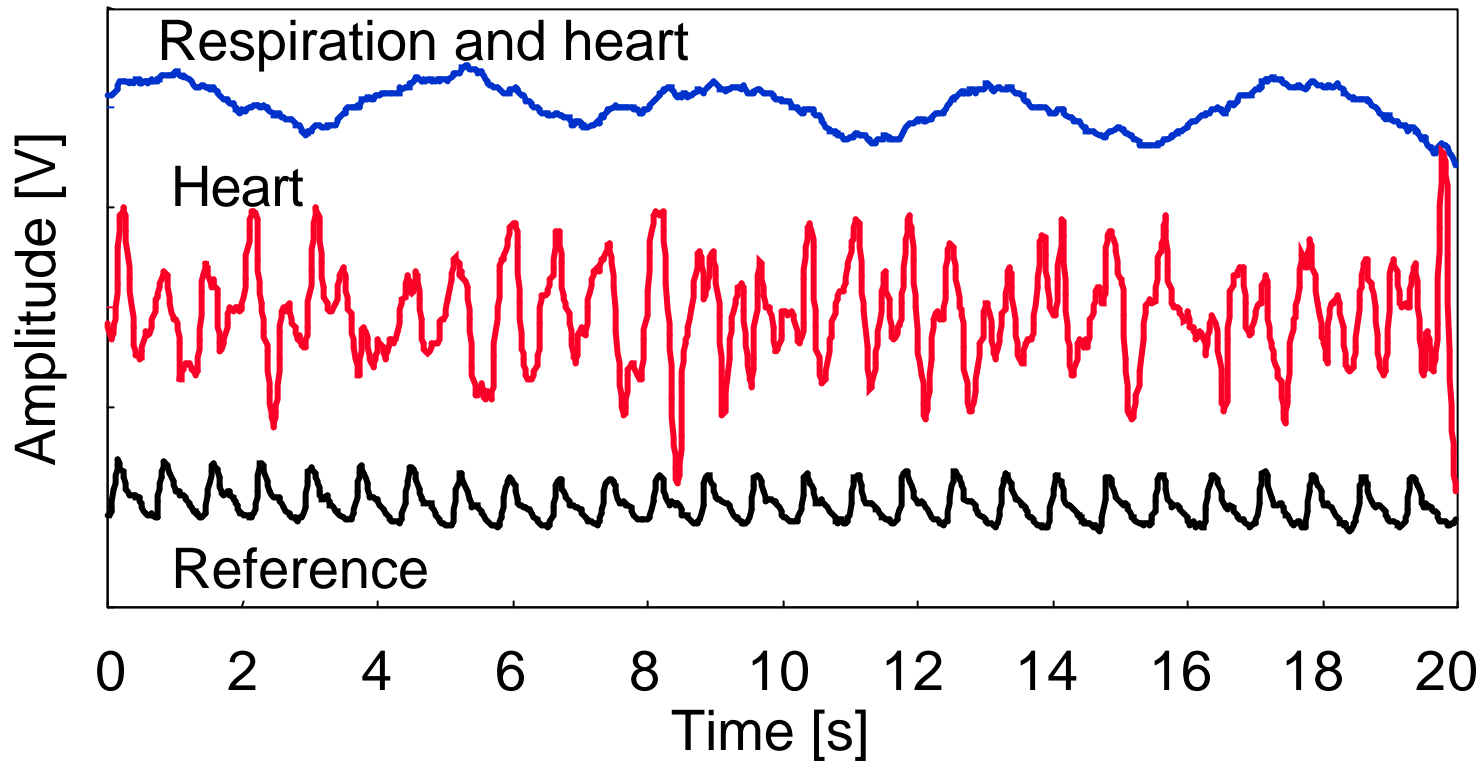
BiCMOS Radar Output

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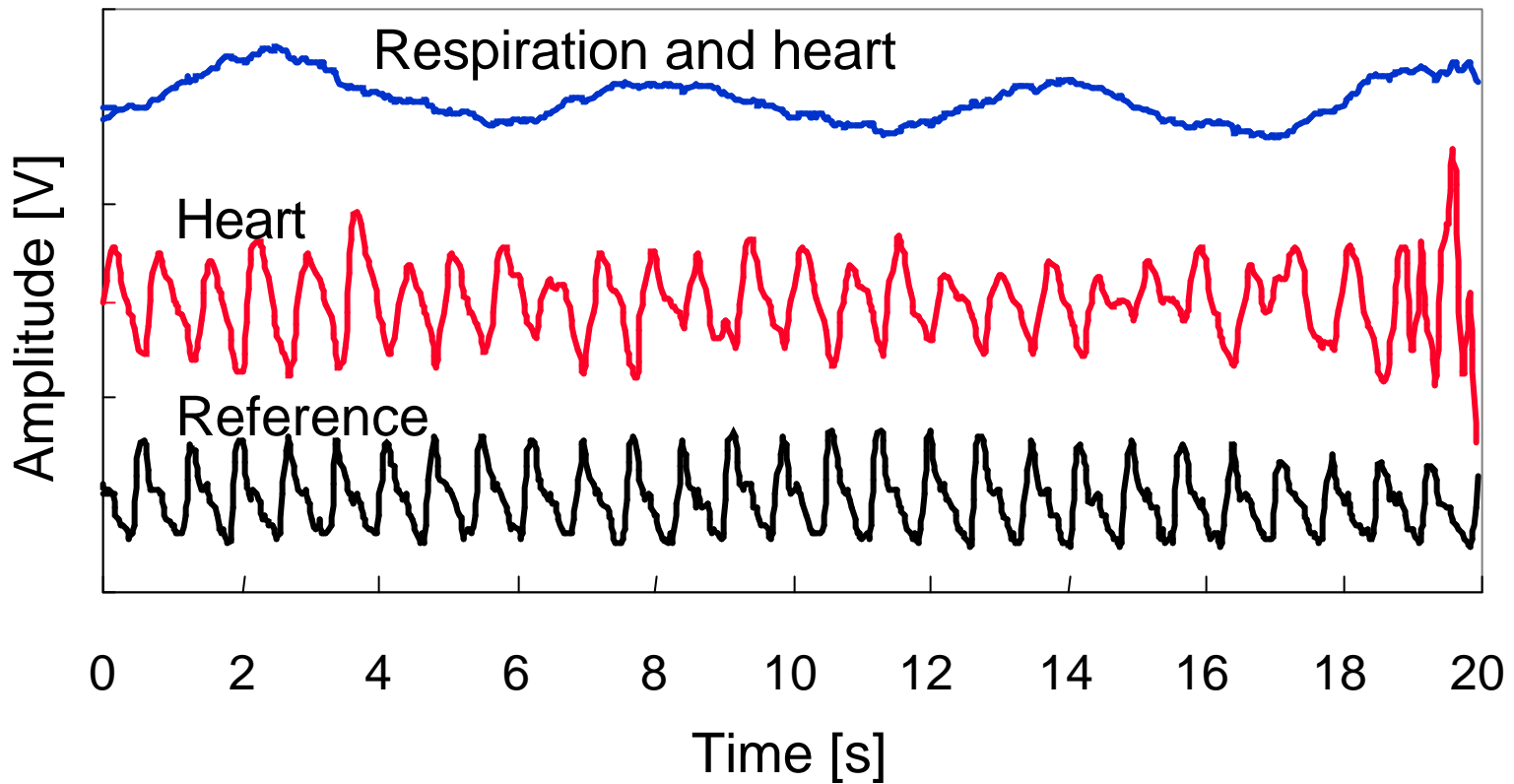
89% accurate

CMOS Radar Output



83% accurate

Radar Output with Signal Generator



93% accurate

Radar Results Summary



Chip	CMOS	BiCMOS	CMOS with external source
Frequency	1.6 GHz	1.6 GHz	1.6 GHz
Output Power	6.5dBm	6.5dBm	6.5dBm
RF Phase Noise Spectral Density (10Hz offset)	42 dB/Hz	30 dB/Hz	-77 dB/Hz
Baseband Phase Noise Spectral Density (10Hz offset)	-92 dB/Hz	-104 dB/Hz	-211 dB/Hz
% Agreement with Reference	83%	89%	94%

Summary and Future Directions



- ✍ Demonstrated remote sensing of heart and respiration rates with comm. signals

- Heart and respiration rates easily detected
- Possible to observe respiration and heart signatures

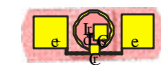


- ✍ Demonstrated potential for technology leveraging

- Added feature for communications terminal
- Dedicated new *telesensing* instrument using existing wireless technology
- Expanded application opportunities for wireless networks



- ✍ Improvement through DSP and “bandaid” sensor enhancements



Acknowledgements



- Agere Systems for chip fabrication
- Jenshan Lin for RFIC collaboration
- Geert Awater for Orinoco demonstration
- Eric Beck for shelf tag input
- Amy Droitcour for telesensing radio
- Bram Lohman and Ping-Wen Ong for DSP contributions